

PRE-ANESTHETIC INSTRUCTIONS (Intravenous Sedation)

HISTORY:

Any personal illness, weakness or unknown susceptibility must be reported; also details of any drugs recently prescribed or being taken – especially sleeping pills, tranquilizers or cortisone preparations.

PREPARATIONS:

No food or drink should be taken for at least **EIGHT (8) hours** before the appointment. The last meal should be light, easily digestible and contain no fats or fried foods. Stomach, bowels and bladder should be empty. Patients should attend toilet requirements before arriving for appointment. **ABSOLUTELY NO ALCOHOLIC BEVERAGES SHOULD BE INGESTED 24 HOURS BEFORE APPOINTMENT.**

Please remember not to wear tight clothing or tight sleeved shirts. Contact lens wearers should refrain from wearing contacts for that day. Please also refrain from wearing jewelry.

During **WINTER** months please wear **very warm** clothing so as to ensure patent veins.

If you should develop a cold or the flu, sore throat or other type of infection please inform the office 24 hours prior to your appointment.

NOTE:

If for some reason you cannot make your appointment please notify the office at least **24 hours** in advance.

POST ANESTHETIC INSTRUCTIONS

Any patient accepting intravenous sedation must agree to the following:

Arrangements must be made for a responsible party to accompany the patient home and remain with the patient afterwards.

Medications, drugs, anesthetics and prescriptions may cause drowsiness, lack of awareness and coordination all of which can be increased by the use of alcohol or other drugs; therefore I have been advised, I understand and agree not to operate any vehicle, automobile, motorcycle, bicycle, machinery, hazardous devices nor work or undertake in any responsible business matters while under the affect of said medications and/or drugs. I agree not to operate any of the aforementioned vehicles or partake in any responsible activities until fully recovered from the affects of the medications for at least 24 hours after my release from dental treatment/surgery or until further recovered from the affects of the anesthetic medication and drugs that may have been given to me in the office or post-operatively for pain management.

Some patients, especially in those who bruise easily, may develop a discolored area on the arm or in the area where the intravenous medications were introduced to the body which may persist for several days to several weeks afterwards. It may cause tenderness up the extremity and a hard cord-like knot may develop at the site of injection. This phenomenon is called thrombophlebitis and is rare but can occur and will eventually disappear.